



**Course Syllabus** – Safety Education Training Associates, LLC

**Subject Category:** Adult CPR **Course Prerequisite:** No

**Course Length:** 7.0 hours **Medical Approval:** No

**Delivery Mode:** Lecture 3 Hours Practicum 4 hours

**Schedule:** At request

**Location:** At request \*Dress casual for skill practice

**Prepared by:** James Weber, SETA QA / CQI coordinator

**Course Purpose:** This course prepares employees to take appropriate actions toward providing emergency Cardiopulmonary Resuscitation, rescue breathing and choke saving to others until professional emergency responders arrive. The course scope also includes information on the signs and symptoms, treatment, and prevention of medical emergencies such as a heart attack, stroke, or other cardiovascular disorders.

**Course Objectives:**

- Provide information on the signs and symptoms of cardiovascular illnesses that can be precursors to heart attacks.
- Provide information on the prevention of cardiovascular conditions such as elevated cholesterol and hypertension, which contribute to the potential for a heart attack.
- Prepare the student with a background of information regarding the signs, symptoms, and conditions of a cardiovascular emergency, in conjunction with manipulative information to intervene as a first responder.
- Prepare the student with sufficient information and practice to be able to pass a manipulative performance test of CPR skills on a manikin.
- Provide employees with information and practice on rescue breathing and chokesaving skills.

**Course Instructional Materials:**

- CPR Video: ASHI-CPR for the Community and Workplace
- Manikins
- OSHA compliant barrier masks

**Instructors:**

SETA CPR instructor, with student to instructor ratio not to exceed 8:1

**Course Handouts:** ASHI CPR manual and other pertinent instructor created handouts

**Participation Evaluation:** Written evaluations from students regarding the effectiveness of the trainer, the training and the visual aids.

**Written Exam:** Yes with 75% grade to pass course

**Practical Exam:** Yes with minimum competencies to be satisfactorily completed to pass course

**Retraining/Recertification:** Required every two years