



**Course Syllabus** – Safety Education Training Associates, LLC

**Subject Category:** Back safety **Course Prerequisite:** No

**Course Length:** 1.5 hours **Medical Approval:** No

**Delivery Mode:** Lecture 1 Hours Practicum 0.5 hours

**Schedule:** At request

**Location:** At request \*Dress casual for skill practice

**Prepared by:** James Weber, SETA QA / CQI coordinator

**Course Purpose:** This course prepares students to take appropriate action in the workplace and beyond in regards to lifting and moving patients. This course is designed for healthcare providers.

**Course Objectives:**

- Provide information on the anatomy of the back
- Provide information on the mechanics of proper lifting and moving
- Prepare the student with a background of information on the proper mechanics of lifting and moving patients
- Prepare the student with sufficient information and practice to be able to lift and move patients with minimal body strain.

**Course Instructional Materials:**

- Handouts
- Power Point presentation with projector
- 1lb, 5lb, and 25lb weights

**Instructors:**

SETA back safety instructor, with student to instructor ratio not to exceed 8:1

**Course Handouts:** PowerPoint overview packet and other pertinent instructor created handouts

**Participation Evaluation:** Written evaluations from students regarding the effectiveness of the trainer, the training and the visual aids.

**Written Exam:** No

**Practical Exam:** Yes with participation only as requirement to pass course

**Certification:** SETA "certificate of completion"